

SALUTING THEIR SERVICE 2025



GIRL GUIDES
AUSTRALIA

Life at Home

Girl Guides Australia has created this resource to support the Australian Guide Program. Girl Guides can research other areas of the Recognition System to find what other challenges might be relevant to them.

Olaves and Adult Members are invited to undertake the challenge.



SYLLABUS

Take part in an Anzac Day ceremony, Dawn service or a Remembrance Day ceremony either virtually, at school or in your community.

- Complete one challenge from the Anzac Heritage section and choose at least three other challenges from the sections below to complete this year's challenge badge. You may like to 'specialise' in just one topic or choose your extra challenges from any area.

Please consider the safest and best way to participate in this challenge.

ANZAC HERITAGE

Complete at least one of the following:

- Visit a local war memorial, cenotaph or monument and find all the ways that it commemorates the contributions of our forces. Make your own memorial using some of these ideas.
- Flags are important for Defence Forces. Learn to parade Guide colours in your Unit or Peer Group.
- Write or dictate a letter from your family to a loved one at Gallipoli, letting them know your daily routine, stories of their friends, the food you are eating and then share with your Patrol or Peer Group. <https://anzac100.initiatives.qld.gov.au/remember/letters/index.aspx>
- Make some damper, a type of bread made during war times.

Remember, we have a process for planning activities in our Girl Guide Program:

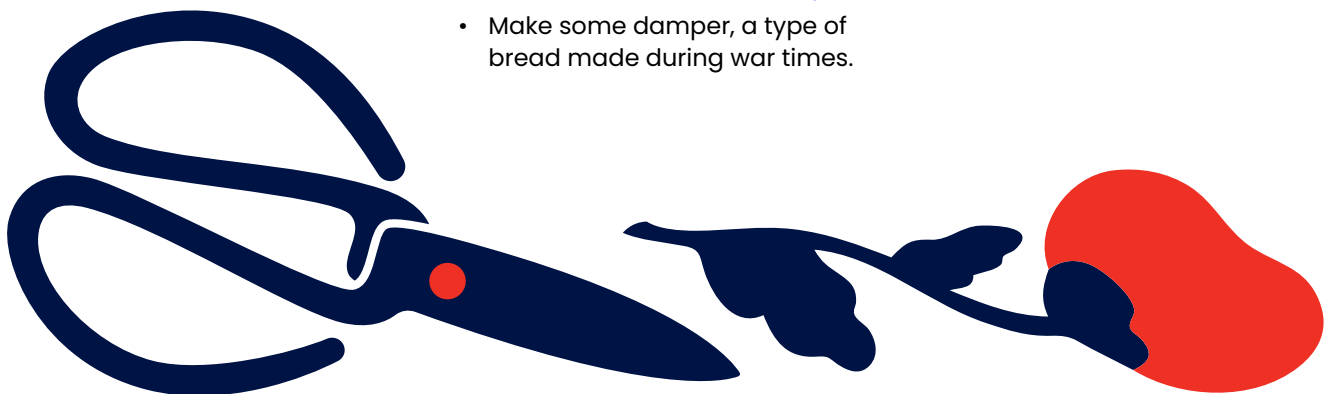
1. **DISCOVER**
2. **DECIDE**
3. **PLAN**
4. **DO**
5. **EVALUATE**



Discover and **Decide** what you are going to do. You then need to **Plan** the activity and **Do** it.

After the activity you need to **Evaluate** how your activity went and share your findings or what you may have learnt with your Patrol, Unit or Peer group.

This badge syllabus is available for all members to take part in...



RATIONING

- From mid 1942, families were given ration cards and coupons to help manage items of food and clothing that were starting to run out. Find out what a card looked like and create a copy.
- Prepare a recipe from a 1939–1945 cookbook and share it with your Unit or Peer Group. Find out what items of food were rationed during WWII and how this might affect the recipe that you enjoy cooking.
- To preserve resources, an austerity campaign was introduced to Australians. Advertisements asked people not to be a 'squander bug'. Design and make a toy that could be made from a recycled tin, or box or something else?
- People supported the war by knitting everything from socks to balaclavas as comfort for the troops. Challenge yourself to learn to knit and create an item that you can donate.
- Your choice



WOMEN'S ROLES

- Women's organisations became very active during the war e.g. the Country Women's Association and the Red Cross. Find out what sort of things they did and invite a current member to share what they do today.
- The Women's Land Army helped to grow flax during WWII so that it could be made into linen to make uniforms and other supplies. Try weaving using natural materials such as grasses.
- Families were encouraged to grow their own food in a backyard garden, and to raise chickens. Visit a home where there is a vegetable garden, or a chook shed and collect some tips on how it is done well.
- With so many men away at war, the roles of women changed. Create a play or write a story where a young woman talks with her family about leaving home to work in a role that used to be done by men.
- Your choice

CHILDREN'S ACTIVITIES

- Play a game that was popular during time of war, such as Pop goes the Weasel, Oranges and Lemons, Skipping, Leap Frog, Hopscotch, marbles or card games.
- In England, 2 million children were evacuated from London to safer areas. Share with your Patrol or Peer Group what five possessions you would take with you if you were forced to leave your home indefinitely and why.
- In 1944, Scouts and Guides in England started to raise money to help refugees. The scheme was called 'Bob a Job'.
- A bob was a shilling, about 20c. With your Patrol or Peer Group, consider raising money for a local cause.
- Late in WWII, Japan was bombed with atomic bombs. Radiation from the bombs caused various illnesses. Read the story of Sadako, a young Japanese girl who became ill, and how she started folding paper cranes.
- Make your own paper cranes with your Patrol or Peer Group and use them to share a peace message.
- Your choice

The badge you earn can be worn at the top of the back of the sash for the following twelve months.

No sash? Maybe put it on your camp blanket, book bag, or camp hat. You should do this with any older ANZAC badges you have also.

This badge syllabus is available for all members to take part in. The Badge can be bought from your usual Girl Guide retail outlet.

