

Discover a Challenge Badge



Zircon

Guides need to complete 10 challenges, at least 2 from each section (Physical, Practical People and Self) and then 2 extra from any section. Minimum age to commence challenge: 10 years.

	Start Date:	Completed
Physical	Learn about fire safety and how to light stoves, buddy burners and small fires OR Make a fire evacuation plan for your home or Guide Hall.	
	Try a new fitness activity with your Unit; for example, bike riding, horse riding, tenpin bowling or ice skating OR participate in Body of Food Create-a-Challenge badges OR plan a healthy menu for a Unit camp of sleepover.	
	With your Patrol, plan and carry out an environmental service project OR look at how much water you use during Guide activities, including at your regular meetings and weekend activities. What can you do to reduce the amount? Can some of this water be reused? Make some suggestions to your Unit Leader.	
	Achieve the Outdoors Explore-a-Challenge badge OR Set yourself a seven-day health challenge which includes a balanced diet and exercise. Evaluate your progress at the end.	
People	With your Patrol, make up a skit, play, song, poster or poem that describes Guiding to other people OR In Patrol time, participate in friendship games or activities	
	Find out about a charity or service organization. Share what you have learnt with your Patrol or Unit. OR Achieve your Service Flash 2.	
	Attend a District, Region or State event OR Identify an issue in your community and take action.	
	Help a new Guide learn the Guide Promise & help her to plan her Promise Ceremony OR plan a Promise & Law activity for your patrol.	
	Find out about JOTA/JOTI and, if possible, take part in an event or activity OR Participate in a WAGGGS project, Global Action Theme challenge or World Thinking Day fundraiser or event.	
Practical	Pitch and strike a tent OR Participate in an adventure outdoor activity OR Participate in tree planting.	
	Tie a packer's knot & learn how to make a bedroll OR Know how to treat a person who has fainted & how to place the person in the recovery position.	
	Cook one dish using an oven or stove OR Do a backyard task at home; eg, weeding or cleaning patio furniture.	
	Participate in a Colour Party OR Participate in a campfire.	
	Make an item using beads.	
Self	Teach your Patrol or Unit a new song, yell or other campfire activity.	
	Choose five items that have a special meaning to you and show them to your Patrol or Unit OR Share one of your talents or skills with your Patrol.	
	Identify which part of the Law helps you most to put the Promise into action OR Contribute to a service or community activity.	
	Share an activity with your Patrol to help them become more aware of people with special needs.	