

## Discover a Challenge Badge



### Topaz

Guides need to complete 10 challenges, at least 2 from each section (Physical, Practical People and Self) and then 2 extra from any section. Minimum age to commence challenge: 6 years.

	Start Date	Completed
Physical	Find and name two plants and two birds at your home, school or Guide meeting place. Draw pictures of them and share with your unit.	
	Drink water instead of cordial or soft drink for one week.	
	Make a list of the Unit's safety rules. Practise an evacuation drill with your Unit.	
	Find out how many times you can skip with a single rope without stopping. How many more times can you do it after practising for a week?	
People	Make a promise to yourself or a family member and do your best to keep it for one week.	
	Think of one Good Turn you can do for someone at home. Do your best to do it daily for one week.	
	Find out about World Thinking Day by joining in a Thinking Day activity.	
	Help to organize a game or activity that every member of your Patrol or Unit can take part in.	
	Help to sell Guide biscuits for your Unit.	
Practical	Show how you can tie knots by making a mobile, bracelet or pom pom.	
	Know how to call '000' (triple zero). With your Leader, practice answering some of the questions you might be asked in an emergency.	
	Wipe a table and sweep the floors for one week at home. OR Help to sort the recycling from the family rubbish for one week.	
	Play Kim's Game.	
	Make a gift or card for someone.	
Self	Know your full name, your parents'/carers' names and your home phone number OR tell your Unit or Patrol something interesting about yourself.	
	For one week, do your best to smile when you feel like complaining. Tell your Unit how you did this and how it made you feel	
	Greet a visitor to your Unit and look after them at the meeting.	
	Find out why it is important for all children to be able to read. Share your findings with your unit.	