Facing the Challenge: Build a Better World

Guides take part in the Cycle Factory activity from Sunship III, an Earth Education camp. Earth Education is the process of helping people live more harmoniously and joyously with the natural world.
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FACE up to it!

You can help build a better world, and discover your potential as you do it.

The most important things that you do in your life will be those where you feel challenged, where you know that you have done your best to reach your potential and to make the world around you a better place. Guides can make a difference and the more that we do as individuals and as a group the better our world will be.

This booklet is written for you, no matter what your age is from five to 105, no matter what your skills are from beginner to expert, so that you can think about your community, your country and the whole Earth and choose some good turns that will build a better world.

How will you build a better world? Through:

**Friendship**

**Advocacy**

**Challenge**

**Enterprise**

Do you remember your Promise? ‘I promise to do my best…’ You promised to serve your country, to help other people, and there are many laws that you promised to keep that help us build a better world.

The time to put your Promise into action is now! Guide action can be small good turns such as shutting an open gate to keep a straying pet inside, or picking up a purse dropped by a lady. Or it can be carefully planned service enterprises done by a Patrol or a Unit or a State, over a period of time.

Are you an eagle or a chicken?

There are heaps of stories about doing your best and reaching your potential.

One story tells of an eagle egg that was placed in a hen’s nest when it fell from a tree. The eagle chick hatched out with the rest of the chickens and spent all her time in the yard learning to be a chicken, pecking in the scraps for food. She grew up in the yard and spent all her days scratching and pecking. One day, she was with the other hens when a shadow fell on the yard. Looking up, the hens saw an eagle soaring high in the sky. The birds were impressed by the eagle, swooping and circling, free to move about, skilled at searching for food, a real queen of the sky.

The barnyard eagle could have been like the bird in the sky, but instead of challenging herself and trying new skills she had stayed in the hen coop where it was safe, thinking she was just a chicken and so never achieving what she could.

Each of us can be content to just fit in, to do what we are asked, to do what is expected… to be a chicken. Or we can be an eagle, searching widely, aiming to be the best.

How can you build a better world using the Australian Guide Program?

Aim high, look wide and look wider still. Do these words sound familiar? They are the titles of our books about challenges. As words, they encourage us to do our best. There are many challenges that you can do that fit the fundamentals of the Australian Guide Program (AGP).

- Can you venture **Outdoors** and make a better environment?
- Can you do your best to keep the **Promise and Law** by serving our country?
- Can you give **Service** as a volunteer at a community project?
- Can you join in a **World Guiding** activity that encourages healthy food choices?
- I’m sure there are other ideas you will have when you get started!

The elements of the AGP weave through all the ideas and information in this challenge. You will find them marked with a special symbol.

**PHYSICAL** — growing fit, healthy and strong

**PEOPLE** — developing friendships, sharing, caring and understanding others

**PRACTICAL** — learning some skills that will help you through life

**SELF** — challenging yourself as an individual

The ideas are colour coded (red for basic, green for regular, violet for challenging).

**Plan by sharing leadership**

Ideas change for people of different ages, different learning styles and different interests. One of the great things about Guiding is that everyone can be involved. Think about what activities will work best for you and those around you. Use the skills of Guide Leaders, Patrol Leaders and Guides. Dip into it together to plan some challenges.

Explore games and activities you can choose: information about the goals of our World Association of Girl Guides and Girl Scouts (WAGGGS)—go to the WAGGGS website, instructions for some activities and lots of ideas that might spark your imagination. Each of us is different and our strengths are in different fields. Take the challenge! Discover your potential. Find a way that you can make a difference and follow through with a project.

On a world scale, the World Association is recognised as a group that has significant influence for good through advocacy and action. With ten million friends to help you, an idea that you have can be part of that change for a better world. Just imagine if you had been the person who thought about saving money through the Thinking Day Fund, and you had done something about it and caused the fund to happen!

'It’s (Scouting and Guiding) aim is to produce healthy, happy, helpful citizens of both sexes, to eradicate the prevailing narrow self-interest, personal, political, sectarian and national, and to substitute for it a broader spirit of self-sacrifice and service to the cause of humanity; and thus to develop mutual goodwill and co-operation not only within our own country but abroad, between all countries.'

*Lord Baden-Powell*

**Building Skills for a Better World**

Every small thing that we do can make a difference in our world. The challenge is for all the small things that YOU do to make a POSITIVE difference.

The skills that you learn and then use will be important, not only to yourself but to those who share the world with you.

What skills do you have that you could use or extend so that you can build a better world?
Friendship: Build a Better World

It is easy to be a friend. All of your Guiding group can be friends. Try the challenge to be a good friend and a better friend, or a friend to more people!

‘For every girl international friendship increases knowledge and understanding, and helps her to “be prepared” for life on a shrinking globe in an expanding universe.’

Lord Baden-Powell

Hints for Making New Friends

- Find out what makes your friends special
- Really listen and comment on what friends are saying
- Imagine you are ‘in their shoes’ and see from their perspective
- Encourage and support friends when they have a problem rather than criticising
- Notice when you can help and then do a small task for your friend
- Do give friends compliments—in a conversation, as a text message, write a letter (can you remember how much you like to receive one?)
- Smile as much as you can, tell interesting stories, share good ideas

Get to Know Your Unit Better

- Draw footprint or hand outlines on newspaper, cut them out and hold a competition to see who can name the Guide that they all belong to
- Find a strong torch or lamp and take turns to stand beside a wall with paper pinned up, so that your silhouette can be drawn
- Each Guide takes it in turn to give four facts about herself, one false and three true. The rest of the Patrol must guess which fact was false.
- Go on a walk that passes each girl’s house if they are reasonably close together. Call in at each place and do a good turn.

Our World Family

We have links with Girl Guides and Girl Scouts around the world. We have four houses that we own around the world called World Centres. If you are old enough, you can travel to other countries and stay at our houses. What a huge opportunity to make new friends! Look out for international opportunities!

Belonging to WAGGGS gives each of us ten million friends so of course we need to pay attention to them, find out about them and do things together.

- Learn a song in a foreign language
- Learn a craft from another country (e.g. Japanese origami, making a Mexican piñata, maracas from Latin America)
- Learn some greetings and welcoming phrases in a foreign language
- Befriend a foreign student or immigrant
- Hold a ‘visit to a country’ using food, customs, games and activities
- Take part in a service project in conjunction with a foreign country

An example of a craft from another country: maracas

Maracas were originally made from gourds (small pumpkins) with seeds placed inside. To make a modern version, collect a plastic container with a narrow neck, some rice, a short piece of dowel that fits the bottle’s neck, paper for papier mache, glue and paint.

Put the rice in the container and push the dowel into the opening. Tear the paper into short strips, dip it into the glue then wrap it around the container and the first part of the dowel. Keep doing this until it
is covered in a few layers. Leave it to dry in a warm place. After it is dry, paint the maraca with brightly coloured paint.

The Story of Jen

Jen is a Guide Leader who visited Sangam in India many years ago, made many friends and continues to return whenever she can. However, there is something a little different about her visits. Her friends run a shelter in Calcutta for street children. The children go to the shelter where they can bathe, clean their teeth, eat a meal, get some basic education and clean their clothes. They then return to the place they came from, just a little better than before. Jen’s friends offer a hand of friendship to these young children and Jen helps whenever she can.

Guides in Australia have helped Jen and her friends by providing money for toothpaste, combs, soap, food and other items. They did this by raising money—selling bracelets, doing odd jobs, saving pocket money and so on.

When Jen was visiting the shelter to give the donation from Guides she found out that their greatest need is to have their own building. She has asked Guides to help her by exchanging brick carrying elephant badges for $5. Jen needs to exchange 10,000 elephants to reach her goal of buying the building for the children. Jen is making a difference and we as her Guiding friends have been very happy to help her.

It was through friendship that this need was discovered, giving us the chance to hear of the issue and to take the opportunity to change the world for the better.

Do you have any friends who need just something small to make their world better? Maybe your friends know of someone who has a small need. It is through friendship and understanding that many services are discovered and good turns done.

- Get involved in community events, make friends and share your ideas
- Learn the art of public speaking then join a youth council or speak at other events
- Contribute to a sports team and encourage others to get involved in other healthy activities
- Visit the WAGGGS website (www.wagggsworld.org) and contribute a comment
- Make a link with another Unit or person through Post Box, JOTI or JOTA, or Thinking Day Greetings. These are links that you can make via the Internet or by letter mail. These schemes are regularly advertised in State newsletters or contact your International Adviser for more information.
- Research a country whose economic situation is different to your own. Part of your research could be interviewing someone from that country. Describe the life of a girl of your age who lives there. What things do you share? How is life different? What water problems do your communities share? What problems are different? Is there a way you can make the world a better place for both of you?

Happy Book

If creativity is your thing, then this idea may appeal to you. Spend some time discussing with others what makes you happy. These might be objects like a teddy bear, special memories or special people. Collect:

- Words or pictures cut from magazines
- Photographs of family or friends
- Photographs of places or things you like
- Short phrases or poems or stories

Put the whole collection together in a scrapbook, PowerPoint or some other presentation.

Your Happy Book could be a personal one or a book about your Unit or a book about your community. Perhaps you could make more than one copy and give it to a friend, another Unit or your local council.
**Oral History Recordings**

With a history of 100 years of Guiding, we look back at what has been achieved in the past. It will be helpful for your local area or Region if the stories of early Guiding are recorded.

Find out about the people in your area who contributed, visit them and record what they did when they were Guides. Often, you will find some great ideas for activities that your Unit could try out.

You will need:
- A good recorder, either a tape recorder or computer that has a microphone
- A set of useful questions
- A camera (to take a photo of the person or to copy pictures or newspaper cuttings)
- A friendly smile

Ring up and make an appointment. Wear your Guide uniform when you visit, and remember to be polite. Ask if you can borrow any mementos that will make the story interesting. Collect any background information from other places such as local history records or photo collections. Put your information together in a scrap book or as a multimedia package on a CD.

A small bunch of flowers or some small article, together with a neat thank you note or card, will be a special gift for your new friend. When you have compiled the information, send it to the person who keeps archives for your area. Then use it in a Unit program so you can share with your Guide friends. What about a ‘Back to the Fifties’ meeting with some games that were common, some old utensils to examine, some old pictures of your town or suburb for a ‘Guess Where?’ competition, or some other good ideas.

**Ban the Bullies**

A practical way to help your friends is to take positive action against bullies. Look at some anti-bullying policies that exist in schools or community organisations then come up with your own five-point plan. Investigate different ways to increase people’s self-confidence and assertiveness, and practice these skills in your Unit. Once you are confident that you have mastered some methods, run a workshop for other young people.

How about some catchy phrase that sounds attractive as a name for the event?

What fun activities do you think would be a good ice breaker?

Could you introduce a buddy system to give everyone an immediate friend?
Advocacy: Build a Better World

The World Association encourages its members to take a stand and speak out on an issue. This is what advocacy means. The girls who attended the Crystal Palace Rally in 1909 and demanded a place for girls were in fact WAGGGS’ very first advocates. We live in a tiny area of the world where health and lifestyle are excellent. We are far from those areas where people are in conflict, suffering from natural hardships and where life is a daily challenge. We also live far from the places where decisions are made about world issues. Our Association is found in those places, however. The World Association speaks out about many issues and we take part in projects that do something about fixing problems.

Being aware of issues and helping to fix problems is something that YOU can do!

PLAY AND SAY!

Learn the rules of these games then play them at school or with friends. Talk about why we need to keep the environment healthy as you play.

PLAY! Penguins on a sheet of ice

- Four penguins stand together on a sheet of ice (= sheet of newspaper)
- The sun shines and the sheet of ice shrinks (= the Leader tears off pieces of the newspaper)
- The penguins try to stay as long as possible together on the shrinking sheet of ice by holding on to each other
- The game is over when all penguins have fallen into the ocean (=stepped off the shrinking sheet of newspaper)

PLAY! Don’t Super-Size Me!

This is a team game. Can you compete against other Patrols to keep your size right? The Patrol with the middle size wins!

- Patrols each have a large bin or bowl (stomach) placed in a rope circle (body) to look after. The ‘bodies’ are spread as far apart as possible. At the start of the game, each bin holds ten plastic balls or air-filled water balloons (meals).
- On ‘Go’ each patrol member takes a ball and steps out of the rope circle, then takes the ‘meal’ to any ‘stomach’ they choose, including returning to their own.
- They go to a new ‘body’ and repeat this over and over, keeping an eye on how many ‘meals’ their own body has eaten. The aim is to keep their own weight correct while making the size of other Patrols too large or too small.
- A Leader times the game and counts down the last fifteen seconds of a three minute game.

Now you have played the game, decide on the importance of this concern. How much time did you spend checking your weight and how much time ‘eating’?

PLAY! ‘Why did the frog cross the river?’

- All the players except one form two lines, facing one another with a ‘river’ (a real stream or a piece of cloth) between them. They are the frogs. The other player is the carp. She moves constantly up and down the river between the two lines.
- The carp chooses one frog to cross the river. This frog chooses another frog to swap places with. They have sixty seconds to do this without the carp catching either of them. If a frog is caught, she becomes the carp.
- Play this game for fifteen minutes or until all players have been the carp.

Produce a play or puppet show called ‘Life in the Water’ or some other issue. Think about how water creatures might feel when water is polluted. Invite the people of your community to attend and use it as a fundraising event for a water project.
What Issues need Attention?

Something Challenging

- Campaign for a cause: Clean Up Australia, Save the Tasmanian Devil, Save the Koala
- Organise a survey on an issue you care about and tell Girl Guides Australia what you find out
- Try advertising about an issue you care about
- Do something special on a global day of action (e.g. World Environment Day, World Peace Day)
- Complete the WAGGGS AIDS Badge (for ten to eighteen year old Guides)

The World Association believes that the right to learn is the right of every girl and young woman around the world. The Association provides millions of girls and young women with non-formal education, giving them the opportunity to develop self-esteem, confidence and life skills.

Girl Guides and Girl Scouts are challenged and tested to grow their strengths in a safe and secure environment.

Buying into an Issue

Choose twenty four pictures that show an issue. Look at them carefully, then decide which you think show an important concern. You have $10 (ten tokens) to spend on the concerns. Place your money next to the ones you want to support. You can spend as much money as you like on any concern. After all your Patrol or Unit pays money, which concerns were given the most money?

Find a Hero

Find out about a person who has received an award such as an Order of Australia Medal or a community award—promote their activities. Do you know someone who deserves to be recognised? Find out lots of details and send in their name to be considered.

Invite a person who knows about water, health, the environment or some other issue to attend a ‘Question and Answer’ session with your Unit. How do the effects of pollution in rainwater affect your environment? How can we deal with obesity?

Create a Growing Challenge

Visit a plumber and discover how tricky it is to keep toilets, sinks, pipes, etc. from leaking. Make a suggestion list for keeping your household water-wise. Share your list with others. Then follow it!

Visit a nursery and find out how to grow your own fruit and vegetables. The biggest cost to the planet in producing food lies in transport costs. Make a suggestion list for growing produce at home. Share your list with others. Then follow it!

What our World Association is doing

On a global level, we have an important role to play speaking out for girls and young women. We have links to the United Nations and many of its agencies such as the United Nations International Children’s Emergency Fund (UNICEF). We have UN Teams that work with agencies to develop programs and make decisions.

- Go to the World Association web site (www.wagggsworld.org) and explore one of the Global Action Days. Get involved in promoting this issue at a local level.

Adolescent Health: Issues that you can learn about then advocate change

- girls worldwide say "fight AIDS"
- girls worldwide say "make healthy food choices"
- girls worldwide say "prevent adolescent pregnancy"
- girls worldwide say "It is important to talk about sex"
- girls worldwide say "let's talk about the danger of drugs"
- girls worldwide say "ban smoking in public places"
- girls worldwide say "discover your potential"

You can:

- Distribute leaflets and posters on adolescent health issues
- Write letters to key decision-makers, with copies to the media, using facts and case studies from the World Association to support them
- Send petitions to influential people and get people to sign petitions electronically via the website
- Run e-campaigns and send emails to decision-makers
- Organise a campaign event around adolescent health led by young members. Invite other young people, the media and interested organisations
- Run projects that address the root causes of adolescent problems, such as providing information and education about sexual health, providing members with the knowledge and skills to make responsible choices
- Run a seminar on the issue, inviting key speakers, including young people and media

Trafficking

WAGGGS is taking a stand on the issue of trafficking. The United Nations estimates that around four million people, mostly women and children, are moved from one place to another, against their will, each year.

Girl Guides and Girl Scouts around the world are tackling the root causes of trafficking. Education, training and income-generating projects are being run by World Association Member Organisations, to help take women and girls out of potentially vulnerable situations. How can you contribute to this valuable project?
Challenge: Build a Better World

Want to feel good about yourself? Set a task to do that is just a little harder than anything that you have done before. Then do it!

- **Energy saver ideas:** challenge your Patrol to help reduce their home power bill
- **Make a toy:** for a fire engine/ambulance/waiting room
- **Efficient use of space:** plant a garden, grow a meal

**PLAY AND DO!**

Learn the rules of these games then play them at school or with friends. Talk about why we need to take action to solve problems as you play.

**Koala Hunt**

Can you catch all the koalas?

- One hunter stands around a rope circle.
- All except one girl are ‘koalas’ who stand in the circle.
- The hunter throws a ball across the circle, trying to hit the koalas below the knees. When hit, koalas become hunters until only one koala is left.

Do you ever think about animals that are becoming extinct? What could you do?

**‘Litterbug! Litterbug!’**

A swimming pool game

- Half fill twelve plastic bottles and put the lids on so they float (this is the litter).
- One player is the Litterbug. The other players stand around her in a circle and take it in turns to hit the litter bottles by throwing a ball at them. The Litterbug must catch the ball or hit it back in the direction it came from.
- If a litter bottle is touched, it is removed from the pool and the person who threw the ball becomes the Litterbug.
- Play ends when there is no litter left in the swimming pool.

**Memory Concerns**

Sit in a circle

- The starting girl is the secretary. She names something that is a concern to her, such as ‘Stop! I am scared of thunderstorms’.
- The next girl then repeats this and adds her own. ‘Stop! Jane is scared of thunderstorms and I am worried about bullying’.
- Keep going around the circle until an item is forgotten. At this stage, write all the concerns down.
- Now start the game again with a new set of concerns starting from the girl who missed one.

The next part is the challenge! Think of a way that you can do something to address one of the concerns and take action!

**Graffiti Wall**

Graffiti is often written on walls or buildings or objects by people who are upset about something. Can you add to a display on a large sheet of paper about ‘A better world’? Your task as a Patrol is to add any pictures, drawings or words that you like to your ‘wall’!

**Make a Mini Water Cycle**

Collect a glass jar, some small plants, a bottle cap or shell of water, soil, sand and some small rocks. Fill jar as in the picture and put the lid on to seal the jar. Put the jar in a sunny place. See how the water cycle works in miniature!

A jar like this is called a terrarium. If you give it sunlight so that it has energy, it will continue to cycle water for a long time. Unlike a pot plant it does not need weekly care. Eventually, nutrients in the soil will be converted into plant material. When the plant starts to crowd the container or the leaves start to change colour, trim the plant or replace it, add fertilizer or change the soil. Recycling water and other materials is essential to healthy ecosystems in our world. How else can you use water wisely?

**Reduce your Clothes Budget**

Many of our clothes are imported into Australia from Asia (particularly China) and this has a big impact on transport costs for the world. As well as this, clothing is normally made from a mixture of synthetic materials produced from petroleum. Using up our oil reserves is a huge issue for the world. Have a look at the labels on the items you wear. Make a list of where the items are made and what they are made from.

I challenge you to buy fewer clothes! Do you REALLY need all the clothes you wear? Try recycling an item you already own for a new purpose. Can you repair a damaged item so that it lasts longer? Can you think of other ways to reduce your clothes budget?

**Dilly Bags**

A dilly bag or plate bag is a small bag that is used to carry equipment. You will see it listed on a camp kit list as a bag to hold eating utensils.

You can make your own dilly bag from a piece of material about the size of a tea towel. You can cut this from any damaged clothing with a large flat area such as a shirt or skirt. Take the rectangle and fold it in half to check it will be big enough for your intended use. With good sides together, stitch to make a bag. Fold over the top and stitch to make a hem, then thread a cord through the hem so the bag can be pulled shut.

**Live by Our Motto: ‘Be Prepared’**

It is a good idea for everyone to carry a kit of useful items. What goes in your kit will depend on where you are going and what you will be doing. It will be most useful if it fits easily in your pocket. A small wallet, a flat tin or plastic pouch will make a good container. Most kits include:

- A small notebook and pencil
- A coin for a phone call or your mobile phone
- One or two safety pins
- String
- Bandaids
- A clean handkerchief

Can you think of a situation where you will use each item? What else do you often need? Now that you have made the kit, your challenge is to keep it with you and use it to do good turns.
What is Your Footprint Like?

Our ecological footprint is the amount of land that we need to sustain our life. Every activity that you do each day makes up part of your footprint. For each Australian, the space is about eight hectares (eight soccer fields). The average footprint worldwide is just over two hectares, so we use much more than our share. Per person in the whole world, there is actually just under two hectares so we are running out of space. Our footprint depends on how much water we use, our electricity use, what rubbish we throw out, what we eat and how much we travel.

Hold a Footprints Challenge in your Unit

Step 1

Collect some used paper so that you can write on the back. We don’t want to increase your footprint by doing this activity! Each person will take off their shoes and draw around them on the paper then cut out two footprints.

Step 2

Read through the list on this page and write in a red or orange pencil on one foot any of the things that you do that make a large footprint. Write beside them the points value for that activity.

Step 3

Now read the alternative activity that would make your footprint smaller. Note the point value is less. Write the new activities on the other footprint using a green or blue pencil.

Step 4

The challenge starts now! Take your footprints and place them in a place where you will see them every day. Tick off either the red activity or the green activity each day if it fits with what you have done.

Step 5

Add up your points on your green foot at the end of a week or a month. How much better is your footprint?

<table>
<thead>
<tr>
<th>Red footprint</th>
<th>Points</th>
<th>Green footprint</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use the family car to get around</td>
<td>20</td>
<td>Walk, cycle, share a ride or use public transport</td>
<td>3</td>
</tr>
<tr>
<td>Use air conditioning all the time</td>
<td>20</td>
<td>Keep warm or cool by changing clothes</td>
<td>1</td>
</tr>
<tr>
<td>Eat food that has been imported or transported a long way</td>
<td>10</td>
<td>Eat food from your garden or local produce</td>
<td>3</td>
</tr>
<tr>
<td>Leave TV, charging modules or computer on standby</td>
<td>10</td>
<td>Turn off electrical appliances at the wall switch</td>
<td>3</td>
</tr>
<tr>
<td>Shower for five or more minutes</td>
<td>5</td>
<td>Shower for under four minutes</td>
<td>3</td>
</tr>
<tr>
<td>Throw food scraps in the garbage</td>
<td>5</td>
<td>Put food scraps in a compost heap or worm farm</td>
<td>1</td>
</tr>
<tr>
<td>Leave taps dripping</td>
<td>5</td>
<td>Know how to fix a leaking tap</td>
<td>2</td>
</tr>
<tr>
<td>Leave lights on all the time</td>
<td>5</td>
<td>Turn off lights when you leave</td>
<td>1</td>
</tr>
<tr>
<td>Throw recyclable items in the garbage</td>
<td>5</td>
<td>Put recyclable items in a recycle bin</td>
<td>2</td>
</tr>
<tr>
<td>Eat lots of meat</td>
<td>5</td>
<td>Eat lots of vegetables and fruit</td>
<td>1</td>
</tr>
<tr>
<td>Clean teeth under running water</td>
<td>2</td>
<td>Clean your teeth with the tap off</td>
<td>1</td>
</tr>
</tbody>
</table>

Your idea ................................

Your idea ..........................
Enterprise: Build a Better World

Do you want to make a big difference? To change the world in some really important way would be fantastic!

Do start practising now. Small enterprises will be a good way to start, getting a ‘feel’ for the steps involved and the skills you need.

Perhaps there is another person, then another Patrol, then another Unit, then another District who could join your enterprise. Your little start will make a difference but just imagine if ten million people were all joining in…

How about:

- **Grow plant seedlings** to sell at a market, encouraging greening of our country
- **Aid to overseas countries**: adopt a child, village, national park, animal…
- **Organise a stall**. Get involved in community events such as local shows

**Collect spare change**

Collect spare change from family and friends by making a collecting box out of an empty water bottle or making a papier mache piggy bank. Use the money to ‘buy’ a tank or a toilet for a less developed country.

**Sponsored drink water week**

Instead of drinking juice or fizzy drinks, celebrate having clean drinking water by drinking water for a week. Get friends and family to sponsor you, put the money you save by not drinking other drinks into a collection for a cause, along with your sponsorship.

**The Story of Ryan’s Well**

In Canada in 1998, when Ryan Hreljac was in grade one, he learned from his teacher, Mrs Prest that people were dying because they didn't have clean water to drink. He decided that raising money for people who didn't have clean water would be a good thing. He worked for four months in order to earn his first $70. Ryan's first well was built in 1999 when Ryan was seven years-old at a school in a Ugandan village. The well continues to serve thousands of people.

Ryan’s determination grew from the $70 collected by doing simple household chores to a Foundation that today has contributed a total of **329 wells in fourteen countries** bringing clean water and sanitation services to over **491,625 people**. The Foundation has raised millions of dollars.

**Make a wishing well**

Make a wishing well that can collect coins. There are many ways to make your wishing well: it could be a fountain you already have in your courtyard or a little bucket with water that you decorate with grass and leaves. Form a circle around the wishing well and then everyone makes a wish related to a theme you choose by throwing in a coin into the well. If your wishing well is portable you could set it up in different places, like your school, in front of the local shop or at the Guiding centre and invite other people to make a wish and toss in coins.

**How to set up an Enterprise**

1. Decide the issue to support.
2. Choose an item to sell or a service to provide.
3. Make the item or practice the service.
4. Plan a time line for carrying out the enterprise.
5. Put your plan into action.
6. Promote what you did and use it as a chance to talk about your issue, send any money collected, and give thanks to any people who helped.
What can you sell?
- Calendars, bookmarks, home made paper
- Jewellery, souvenirs, home made beauty products
- Food (remember to meet health regulations)
- Garden produce, plant cuttings, seedlings
- Car washing
- Weeding, planting, digging
- Cents for Service (make a flyer offering to do odd jobs for family and friends)
- Your idea

Dress Down Day
Collect some money to wear your own clothes or crazy clothes to school or work. You will need to ask for permission first before you plan your day, of course! Many children in the developing world spend so much time doing chores like collecting water and firewood that they don’t have the chance to attend school.

Bread and Water Lunch
Sell tickets to people to attend a bread and water lunch, give them information about the water needs of people in the developing world whilst they are eating their lunch.

Create a Jig-saw Puzzle
Make a puzzle showing an issue, such as images of water creatures and how pollution might affect them. Give the puzzles to schools or other youth groups so they can play and think about water pollution too.

Hold a ‘Clean up day’
Clean litter from a local pond, lake or riverbank. Invite other groups to join the clean up or challenge another group to clean up a space as large as yours. Perhaps you could write an article for the local paper about the group clean up challenge so that other people think about what you are doing and have the chance to join in. Clean Up Australia Day in March is a good time to take on this activity.

Become a Service Buddy
Research a local group that serves the community in some way. Examples include Waterwatch, Landcare, Red Cross, your local aged care facility, and service clubs. Find out the activities they do and compare this to the skills of your Unit. Write to them offering your skills to assist in their activities. Check with them on a regular basis to find out what they need. You may also be able to help promote what they do.

Nic’s Story: Tassie Devils
Tasmanian devils have recently started to die in huge numbers from a nasty condition called Tasmanian Devil Facial Tumour Disease. Nic is a boy who lives in Tasmania and decided that he wanted to help native animals. ‘All around the world, people think of Tassie devils whenever they hear about Tasmania,’ said Nic. ‘Sometimes people think they’re evil or scary, but they’re not. They’re actually more scared of us than we are of them. So I’d feel like I’d be letting them down if I didn’t try to do something to help.’

Nic came up with the idea of a ‘Black and White’ day to raise money for the Tasmanian devil—it’s a simple idea, but it can be so effective. People pay one dollar to wear black and white clothes (the colour of the devil) to school or work. Nic didn’t want to tell his children, when he got older, that devils had died out, just like Tasmanian Tigers. ‘Black and White’ days are held each autumn because it’s a time of change.

‘Just because kids are small,’ Nic added, ‘it doesn’t mean we don’t have big voices.’
An Environmental Enterprise

Your enterprise could involve promoting the cause of animals at risk in some way. There are many environmental causes that you could support. Look on the Internet for information:

Help find a cure for the sick **Tasmanian devils** by encouraging your community to hold a ‘Black and White’ day

- **Save the Koala**, perhaps by selling Save the Koala tattoos
- **The Marsupial Night Stalk** is a time to survey what animals are in a special place
- **Birds in Backyards** is a survey of local bird populations

An Ongoing Service Project

Many age groups and organisations in our communities need help all the time. A single enterprise can be useful but what they really need may be reliable help that is ongoing.

Can you identify a need like this? Examples include:

- **Organise annual activities**. If your community doesn’t hold a Children’s Christmas breakfast or an Easter in the Park event perhaps this is something for you.
- **Share a skill**. Guides often learn special skills that you could share with others. Why not offer to run an annual spot at local shows, Australia Day events or regattas.
- **Adopt a Park**. A local park may look a little ‘worn out’ from use. An approach to your local council may mean you can adopt it, spruce it up, keep it clean, offer play days on the lawn at regular intervals and so on.

Is this you?

‘... To be good is of little interest to the child; to do good is another matter. She has an innate predisposition to the active practice rather than to the passive reception, and the Guide encouragement to do the daily good turn meets her inclination and eventually leads her—bit by bit—to the practice of kindness and of self-sacrifice for others as her natural habit of mind and action.’

*Lord Baden-Powell*