



One of the most wonderful ways to experience India is through the variety of delicious foods from the many diverse regions throughout the country. From North to South and East to West, there is one magic ingredient: *Masala*!

'Masala' is a blend of spices used to create your favourite meals. Each dish requires a different blend and each chef has their own personal blends for their favourite dishes.

From Sangam Staff favourites Paneer Butter Masala and Chicken Biryani to Maharashtrian Jevan, a traditional meal served in Maharashtra (the Indian state that Sangam is located in), the key to a successful dish is creating the perfect blend of spices to create *Magic Masala*!

Create your own *Magic Masala*

Magic Masala events allow you to blend together various *Spices* (Sangam sessions) to create your perfect *Magic Masala* programme that meets the needs of you, your group and your Indian experience!

It's easy:

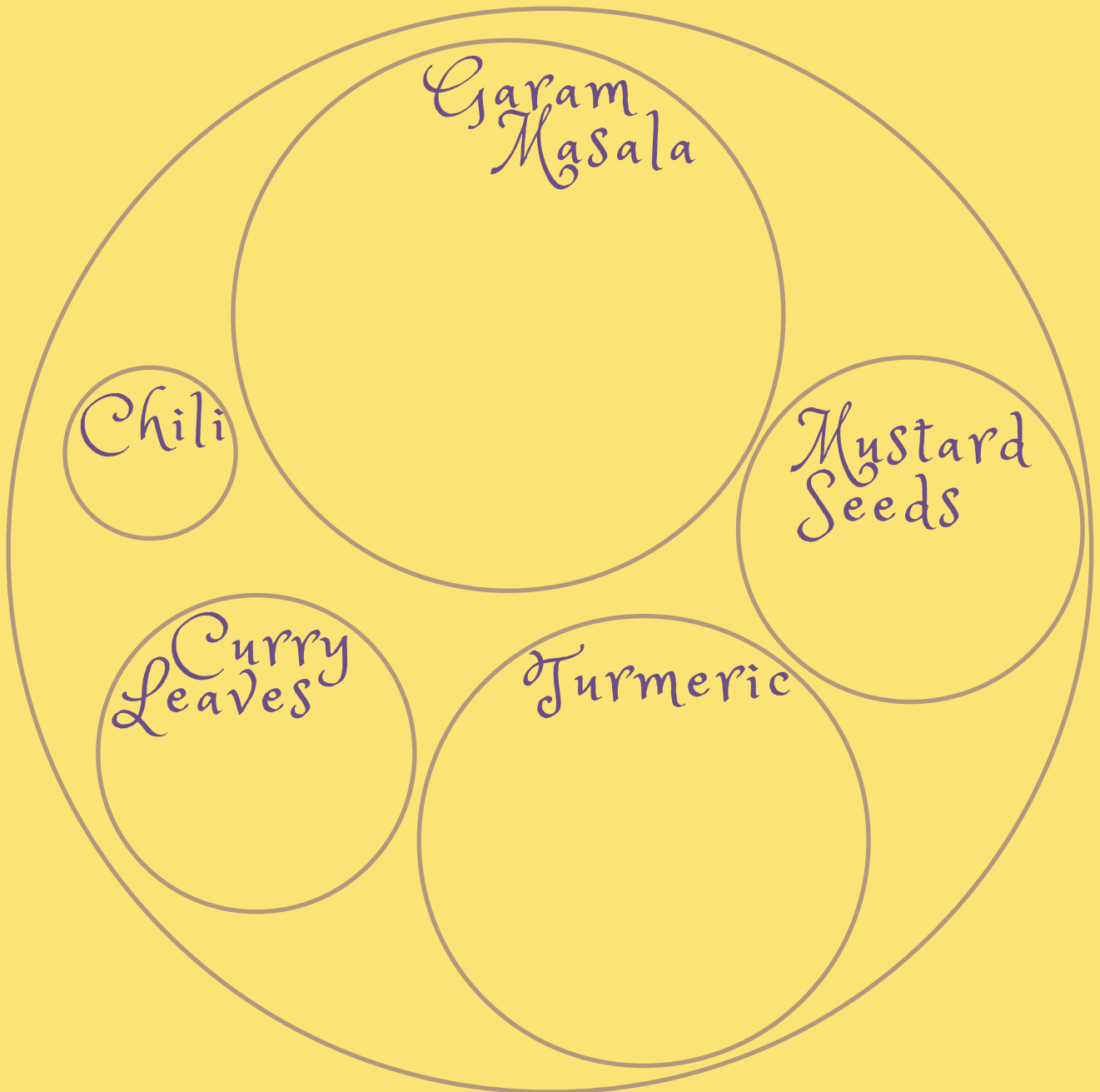
1. Get your masala dhaba template ready to go! (On page 2!)
2. Read through our recommendations and things to keep in mind while creating your *Magic Masala* (on page 3!)
3. Select your desired *Spices* from our activity lists (starting on page 4)
4. Email our eager Guest Services Team, guestservices@sangam.waggggs.org, with your *Magic Masala* draft!
5. Work with and confirm your *Magic Masala* programme with our Programme Team
6. Pay your event deposit and book those flights!



a world of possibilities

Your Masala Dhaba

A 'dhaba' is a container that you keep things in. To help you in creating your very own Magic Masala, we are providing you with a Masala Dhaba template to get you started!





Helpful tips to create Magic Masala

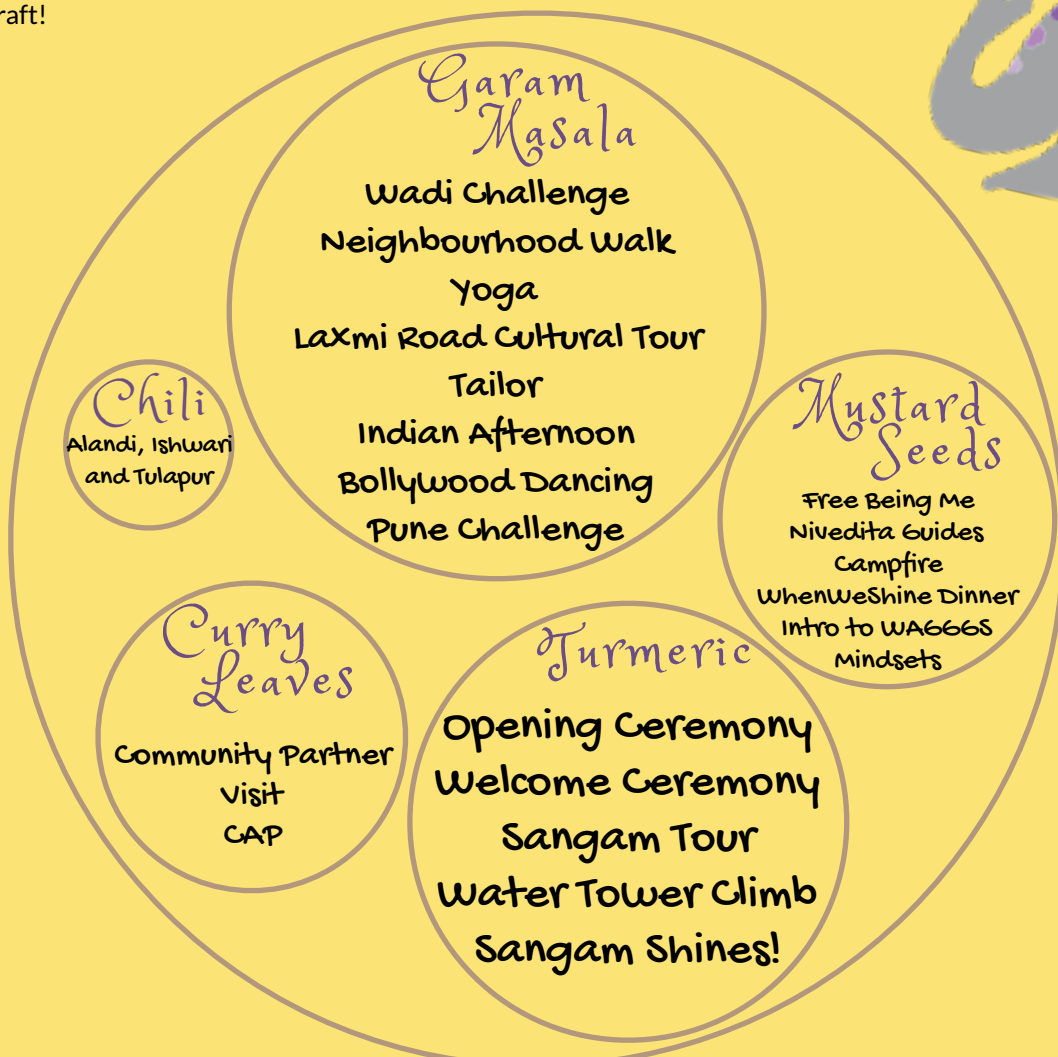
We recommend:

- A mix of spices! We have found this makes for the most varied and enjoyable experience!
- Don't overdo those spices! More spice doesn't always make for a tastier dish!

Don't forget about:

- The other facilities available at Sangam and in the local community which your group may wish to take advantage of! The Sangam pool, shop and hammocks are popular, so make sure to plan in free time to enjoy!
- The approximate time advised for each session and the feasibility of what your group would be able to participate in each day.
- You can get in touch with us any time, we are ready to help you create your perfect! Email guestservices@sangam.waggs.org!

And here is 1 more helpful tool. Here is Sangelee's, Sangam's cute elephant mascot, perfect Magic Masala event draft!



a world of possibilities



Select Your Spices

Turmeric - Sangam



Turmeric is a spice that is used extensively in Indian cooking. It is also the ingredient that gives many Indian dishes their distinct yellow colour. It's an essential ingredient and as such all these sessions offer information and activities which are specific to Sangam, it's history and the way we operate as a centre today.

Session	Approx Time	Description	Session	Approx Time	Description
Opening Flag Ceremony	30 mins	A flag ceremony to mark the start of your event and your time at Sangam.	Sangam Tiffin	30 mins	A fun and informative session where we will share opportunities that are available at Sangam and WAGGS including Sangam Volunteer opportunities and information about the Community Programme.
Sangam Welcome Ceremony	1 hr Takes place in the evening	Be formally welcomed into the Sangam family in this traditional welcome ceremony that intertwines Indian and Girl Guiding/ Girl Scouting traditions.	Phir Milenge Sangam	Dependent on event length	As you prepare to leave Sangam, this session allows you time to reflect on your experiences and prepare for your departure and onward journeys.
Sangam Tour	1 hr	Reflect on the life and philosophy of Anu Kakare, the first Guider in Charge at Sangam. Enjoy a guided tour of Sangam, learning more about the history and people that have made the place what it is today.	Sangam Shines!	30 minutes	Celebrate Sangam's #WhenWeShine season and reflect on how you will continue to shine in your community.
Event Briefing and Intro to the Family	Dependent on event length	An orientation session conducted during our events to introduce you to Sangam, your event and the Sangam family.	Water Tower Climb	30 mins Usually takes place at 7am	Enjoy the view of Sangam and its surrounding neighbourhood from the top of our Water Tower.
Daily Flag Ceremony	5 mins Takes place at 8.25am each morning	Our Flag ceremony is conducted just before we sit down for breakfast each morning. It is a chance for everyone to share their plans for the day and includes a reflection of your choice to help encourage us to think about the spiritual element of Girl Guiding and Girl Scouting.			

a world of possibilities





Mustard Seeds - WAGGGS and International Girl Guiding & Girl Scouting

You will need to add a pinch of mustard seeds to bring your masala spice together. In the same way, Sangam brings together members from all around the world. These sessions allow you to learn more about WAGGGS and the World Centres as well as celebrating the international friendship that Girl Guiding and Girl Scouting offers.

Session	Approx Time	Description	Session	Approx Time	Description
Interaction with Nivedita Guides	Planning 1 Hour Interaction 1.5 Hours Available 5-6.30pm Sunday Only	Plan and deliver a session with Sangam's own Guide Unit: the Nivedita Guides. Please bring along songs, crafts or game ideas with you.	International Fair	2-3 Hours (including preparation) Usually takes place as an evening activity and only available if there is more than one cultural group in your event or onsite at Sangam	Friendship and sharing are part of this session. Share a short performance from your culture, make a display about your country and bring some light food to share with others.
#WhenWeShine Celebration Dinner and WAGGGS Game	2-3 Hours Usually takes place as an evening activity	Join together to enjoy a celebratory meal to mark Sangam's #WhenWeShine season! Afterwards put your knowledge to the test in our fun and interactive WAGGGS game!	Campfire	1 Hour	Share and sing the night away at Sangam's campfire circle or in the Hall (weather dependent)!
Free Being Me	1.5 Hours	Learn about Free Being Me Campaign and explore activities in this session promoting body confidence!	Action On Body Confidence	1.5 Hours	Identify the biggest body confidence issues in your community and plan a project that asks decision makers for change!
Stop the Violence	1.5 Hours	Learn about the Stop the Violence Campaign and what YOU can do to help prevent violence against girls and women.	Introduction to WAGGGS Leadership Mindsets	1.5 Hours	Learn more about the latest WAGGGS leadership model and spend time reflecting on your own leadership practices. The model focuses on 6 leadership mindsets: Gendered, Worldly, Responsible Action, Critical Thinking, Collaborative and Reflective mindsets.

a world of possibilities



Garam Masala - Indian Culture

Garam masala is a blend of ground spices used extensively in Indian cuisine. There is no single garam masala recipe. The ingredients differ according to the region as well as each chef's individual preferences. Choose these sessions to experience and explore the unique culture of India through its traditions, history and people.



Session	Approx Time	Description	Session	Approx Time	Description
Yoga	45 minutes at 7am Not available on Sundays	Rise early for a yoga session in Sangam's Wellness Shala. A refreshing start to any day!	Neighbourhood Walk	1.5 Hours	Explore Phule Nagar, Sangam's local neighbourhood on a guided tour where you will get to visit a local Indian home, local stores, a school and places of worship.
Wadi Challenge	2-3 Hours	Discover the neighbourhood near Sangam and begin to get to know your local community. Complete the challenge by exploring the local area and find out where to go during your free time. This is a good introduction to India and opportunity for participants to gain confidence and explore in small groups.	Exploring Indian Culture	1 Hour	An Indian family member will explain to you aspects of Indian Culture. You can ask her as many questions as you like about India. This session is strongly suggested if your group participates in the Wadi Challenge or can be run as a standalone session.
Hindi Class	1 Hour	Hindi is one of the National languages of India. Enjoy learning some simple words and phrases that you can practise during your stay.	Laxmi Road Cultural Tour	6-7 Hours Not available on Mondays	Discover Laxmi Road, Pune's commercial and shopping district. Visit a market, explore bangle alley and enjoy the opportunity to shop for Indian saris and punjabis. Includes an introduction to catching rickshaws, Indian shopping and eating outside of Sangam.
Tailor	30 minutes	After shopping at either Laxmi Road or in your free time, Sangam can arrange a tailor to come and make your Indian saris and/or punjabis. Additional prices apply, only available in events 4 days or longer.	Pune Challenge and Global Goals Lunch	4 Hours	Venture outside Sangam in a rickshaw as you follow directions, clues and answer questions to find various locations. Your challenge? Discover and explore some of the highlights of Pune! Learn more about the Sustainable Development Goals as you experience purchasing a meal for less than 30 Rupees.

a world of possibilities



a world of possibilities

<p>Travel Agent/ Exploring Pune</p>	<p>Usually half day, but can be however long is desired</p>	<p>Venture outside Sangam in a rickshaw to discover and explore some of the highlights of Pune. Whether it is shopping, temples, museums or a relaxing morning at a coffee shop, we will be ready to give you advice on the best place to suit your interests!</p> <p>You may also wish to use this time to eat out at one of Pune's lovely cafes or restaurants. This optional extra would be at your own expense.</p>	<p>Indian Art: Embroidery and/or Warli Art</p>	<p>3 Hours</p> <p>Sessions available dependent on availability of instructors</p> <p>It's time to get creative! With guidance from professional and local instructors, learn how to embroider Indian designs including mirror work ro paint Warli Art, and indigenous art form from the state of Maharashtra.</p> <p>For groups of 12 or more, it is possible to offer both during the session with participants having the choice of doing one. For smaller groups, you will need to choose Embroidery or Warli Art in one session.</p>
<p>Bollywood Dancing</p>	<p>1 Hour</p>	<p>Learn how to be a Bollywood star by participating in this fun dance class instructed by one of the members of the Sangam Family.</p>	<p>Dandiya</p>	<p>1 Hour</p> <p>Learn this traditional style of stick dancing taught by one of the members of the Sangam Family.</p>
<p>Laughter Yoga</p>	<p>30 minutes</p>	<p>30 minutes of laughter together with a Laughter Yoga Teacher will surely have you in stitches!</p>	<p>Indian Afternoon & Maharashtrian Dinner</p>	<p>4 Hours</p> <p>Discover more about Indian culture as you learn to tie a sari, make Rangoli, receive Mehendi from some local women and play Indian games.</p> <p>Afterwards, dressed in typical Indian clothes, sit down to enjoy a traditional feast from our state of Maharashtra.</p>
<p>Visit to Indian Family</p>	<p>Approximately 3 Hours</p> <p>Takes place in the evening</p>	<p>You will visit a local Indian family and have dinner with them in their home. A great opportunity to learn about Indian life!</p>	<p>Bollywood Movie</p>	<p>2-3 Hours</p> <p>Depending on length of movie</p> <p>Experience the colour and sounds of India's famous film industry by watching a movie in Sangam. Depending on weather and suitability, can also be viewed poolside on Sangam's outdoor screen. If your group would prefer, we are able to recommend the latest Bollywood movie at the cinema (additional charges apply).</p>
<p>Indian Travel Tips</p>	<p>30 minutes</p>	<p>As Sangam is often the starting point in many of our guests' travels across India, our Guest Services Team offer this session to share advice, tips and tricks for travel and safety after your stay at Sangam.</p>	<p>Optional Sign Out Dinner</p>	<p>3 Hours</p> <p>Your group may choose to spend an evening outside of Sangam at one of Pune's lovely restaurants. The Sangam Staff are on hand to give you recommendations to suit any taste and budget! This optional dinner out would be at your own expense.</p>





Curry Leaves- Leadership

Curry Leaves have a distinct flavour and bring an aromatic taste to any dish! These sessions emphasise intercultural learning and personal growth through interaction with Sangam's Community Partner organisations and the WAGGGS Be the Change: 2030 toolkit.

Session	Approx Time	Description	Session	Approx Time	Description
Community Partner Visit	Whole Morning or Afternoon Offered in consultation with the organisation and according to their availability as to time and day of the week.	This is an opportunity to learn about social issues in India. You will see Leadership in Action! Get the opportunity to learn about one of Sangam's Community Partner's efforts, tour the site and see the important work that these organisations do in their community. Visit includes pre-visit briefing and Be the Change 2030 session to share experiences and evaluate learning.	Community Action Project (CAP)	Whole Day Can be from 1 day to many days to suit the needs of your group, the type of project you would like to undertake and the needs of the partner organisation.	Learn about your Leadership while working together on a project designed to meet the needs of one of Sangam's Community Partners. You will plan and carry out the project in small groups. Projects, for example, could include painting, gardening, creating resources needed by the organisation, teaching English or running a workshop on a particular topic. CAP includes Be the Change: 2030 session, pre-project briefing, preparation session and reflection to share experiences and evaluate learning.
Leave Your Mark	2-3 Hours	You can leave your mark and give service to Sangam! There is painting, cleaning, organising, creating a log book page, picking the top photos for the event, planning your closing ceremony and many more options according to the needs of the event.			

a world of possibilities



Chili Powder - Day Trips

You don't want to make your meal too spicy! As such, we recommend just one full day trip for your event.



Session	Approx Time	Description	Session	Approx Time	Description
Alandi, Tulapur and Ishwari	Whole Day Visit to Ishwari is not available on Sunday	A 45 minute journey by bus will take you to the country side of Pune, to visit Alandi, a town of religious significance for Hindus. Along the way, stop at Tulapur, a 'sangam' (a place where rivers meet) and visit the riverside temple. We will then check out village life and visit one of Sangam's Community Partners, Ishwari, an organisation which works with young women in rural communities to give them skills for income generation.	Aditti Learning Centre, Village Visit & Big Ganesh	Whole Day Not available on Sunday	Take a break from the busy city! A 45 minute journey by bus will take us to the country side of Pune. Along the way, stop at a giant Ganesh statue perched on a hill top. Visit one of Sangam's Community Partners, Aditti Learning Centre, which aims to educate girls who have dropped out of school and discover village life as you visit the homes of the girls who you meet at Aditti.
Karla and Bhaja Cave Temples	Whole Day	Visit two ancient Buddhist cave shrines that are a 1-2 hour drive away from Pune. See ancient carvings in the first cave and enjoy the serene quietness at the second cave. Though there is some hiking involved, the experience and view makes it well worth the trip.	Outdoor Adventure with Journeys	Whole Day Availability dependent on external company. Please check dates with Sangam as soon as possible if you think you may want to do this activity. This activity is not recommended during the hottest season (March-April).	Journeys are an external company we use to provide you with an experience outside of Pune. Many of the locations are within a two to three hour drive of Sangam. These locations are generally historic forts surrounded with lush jungle terrain. This activity can be demanding as it often includes hiking uphill on established walkways with some steep steps up to a fort.

a world of possibilities





Sponsored by:

Sangam's Community Programme

The Sangam Community Programme offers a unique, high quality volunteer experience.

Tare means 'star' in Hindi. As part of the Community Programme, you become a 'star' of the Sangam Family!

I have just completed a wonderful and eye-opening four weeks as a Tare, working with Spherule Foundation, one of Sangam's Community Partners.

I have been visiting lots of schools and have delivered interactive workshops to around 3,500 school pupils to raise awareness about menstruation, a topic that is rarely discussed openly here in India.

-Maxine, Scotland

a world of possibilities



Check out our website: <https://www.waggs.org/en/our-world/world-centres/sangam/volunteer/community-programme/>

Questions? Email us! communityprogramme@sangam.waggs.org

