

Hug a Tree

Divide your group up into pairs. One member of each pair wears a blindfold.

The other member leads them to a tree (may be having her duck under imaginary fences etc).

The blindfolded Guide examines the tree by hugging it, feeling the roots, stretching up to reach the branches etc.

Then her partner leads her back to their starting point, again by a roundabout misleading route.

The blindfold is then removed and now the Guide must find her tree.

Keep in mind that mature living trees are not the only trees. Little sprouts and fallen trees count as well.