

Dizzy Game

Divide the girls into teams and then line them up facing a position about 6 metres away. Make a mark on the ground.

When a whistle is blown, the first girl in each line must run as fast as she can to the mark on the ground, and keeping her index finger on the mark, turn around 15 times.

After this, she must run back to her line and touch the hand of the next person, who does the same.

The first team to get all their girls back is the winner.

This game makes you extremely dizzy, so make sure there is enough room to move around in!

This is a very good ice breaker.