

# Outdoors Leader Leadership Qualification

The focus for Outdoors Leaders is delivering the AGP through Outdoor Activities, and as such, the Outdoors Leader will participate in the same Leadership Qualification training sessions as Assistant Unit Leaders. These are:

- *Delivering the Australian Guide Program*
- *Being Safe.*

The third Leadership Qualification training session for Outdoors Leaders is *Developing Outdoor Skills*, as detailed below.

## Developing Outdoor Skills Training Session

This session forms a part of the Leadership Qualification training course for Outdoors Leaders. This day session should include lots of practical activities based on the following topics (so that Leaders can note them in their Qualification Passports). The activities listed here are suggestions. However, the Trainers should tailor the training to the participants needs and choose any activities that will facilitate learning. A survey of the participants prior to the training course will assist Trainers to provide appropriate learning activities. We suggest a wide game with manned checkpoints where the trainer is teaching the skills eg knots. Learning & Development Teams may like to open this training session to all Leaders to increase their skills.

Here are some activity suggestions:

<b>Environmental awareness</b> <ul style="list-style-type: none"><li>• Energy-friendly</li><li>• Water wise</li><li>• Carbon footprint, minimum impact</li><li>• Tree hugs</li><li>• Renewable energy</li><li>• Endangered species</li><li>• Plants, compost and gardens</li><li>• Mini-patches (care for a square m of ground)</li><li>• Micro-hikes ('walk' 1 m along a piece of string)</li></ul>	<b>Fires and Cooking</b> <ul style="list-style-type: none"><li>• Wood fires of different kinds, woodpiles</li><li>• Gas, Solar &amp; alternative cooking</li><li>• Cooking without cookware</li><li>• Fuel stoves / cookers</li><li>• Safe food handling outdoors</li><li>• Fire starters</li><li>• One pot recipes</li><li>• Camp ovens</li><li>• Mini stoves cook lunch (remember food safety)</li><li>• Safety – fire, gas</li><li>• Campfires</li></ul>
<b>Knots and Gadgets</b> <ul style="list-style-type: none"><li>• Basic knots</li><li>• Teaching knots to beginners</li><li>• Knotting resources</li><li>• Toys made using knots eg knot man, rope donkey or similar</li><li>• Caring for rope</li><li>• Flagpoles</li><li>• Camp gadgets – gateways, tripods, hanging lines, tables, etc.</li><li>• Pioneering projects – bridges, ladders, shelters, chariots</li><li>• Knots on tents, bedrolls, flagpoles etc</li></ul>	<b>Bushcraft</b> <ul style="list-style-type: none"><li>• Animal tracks and trails, bird watching</li><li>• Scavenger hunts, Beach watch</li><li>• Stars, sun, telling time</li><li>• Stalking, tracking signs</li><li>• Weather</li><li>• Food gathering</li><li>• Survival in the bush, mini survival kits</li><li>• Improvised shelters</li><li>• Water stills and water collecting</li><li>• Safety in the bush</li></ul>
<b>Map and Compass</b> <ul style="list-style-type: none"><li>• Street maps</li><li>• Sketch maps</li><li>• Navigation and orienting the map</li><li>• Map reading</li><li>• Planning a hike</li><li>• Hiking skills</li><li>• Finding north</li><li>• Compass games and activities</li><li>• Compasses and GPS</li><li>• Walk a compass direction / bearings</li><li>• Orienteering</li><li>• Coordinates and grid references</li><li>• Geocaching</li></ul>	<b>Camp Skills</b> <ul style="list-style-type: none"><li>• Choosing where to camp</li><li>• Tents</li><li>• Bed rolls</li><li>• Setting up a campsite</li><li>• Using an axe and / or saw</li><li>• Shelters</li><li>• Lighting at camp</li><li>• Hammocks</li><li>• Hygiene in camp</li><li>• Kit lists</li><li>• Flagpole</li><li>• First aid / scenarios</li></ul>
<b>Environmental impact</b> <ul style="list-style-type: none"><li>• an activity that they can take back to Units and share</li></ul>	<b>Wide Games</b> <ul style="list-style-type: none"><li>• Themes</li><li>• Incidents and checkpoints</li></ul>