

Achieve a Challenge

Adventure Activities

An adventure activity is one that contains a significant element of risk to those taking part. Girl Guides Australia requires the person in charge of an adventure activity to have specific knowledge, skills relevant to the activity and risk management relevant to the activity or to ensure that the instructors have such knowledge and skills. These challenges may be completed as part of a Guide activity or externally. If completed within Guiding, then Guide policies and general Guide safety rules apply to all Guide members at all times and are to be strictly observed. Guide policies can be found in the latest edition of *Guide Lines*.

Adventure activities are often undertaken in places of environmental, and sometimes cultural, sensitivity. Codes of Ethics developed for such activities should be understood and observed.

Adventure themes may include, but are not limited to:

- air activities
- people power
- rappelling
- water activities (not covered in the Boating Achieve a Challenges)
- weapons
- wheeled vehicles

A full list of Adventure Activities can be found in *Guide Lines* – check with your Leader for a copy. Other unendorsed activities can be used for these badges but not within a Guiding situation. Other activities listed in *Guide Lines* as non-adventure activities may be used, because for some Guides and in some situations, these activities may be considered an adventure or adventurous.

Sailing, power boating, rowing, canoeing/ kayaking can be used for participation in adventure activities, but if you wish to gain a qualification in any of these areas, then you must complete the appropriate Boating Achieve a Challenge. If your adventure activity is not listed, it may be more appropriate to complete the Sports Achieve a Challenge. Some adventure activities are also sports, e.g. archery and skiing. You may choose to complete either the Adventure or Sports Achieve a Challenge.

If you or your Leader has any questions – then seek advice from your State Outdoor Activities Coordinator.



Complete all the activities in the first part of your Trefoil 1 Adventure Challenge. Mark the hiker to keep track as you go.

Arrange for a Qualified Leader with knowledge and some experience in the chosen activity/ies, or an external person with knowledge and some experience may assist a Qualified Leader in the assessment.

 **Participate in two different adventure activities on at least two different occasions each. (The activities may be from the same or different adventure themes.)**

Adventure activity 1 _____

1st date of participation _____

2nd date of participation _____

Adventure activity 2 _____

1st date of participation _____

2nd date of participation _____

 **Explain in an interesting way to your Unit or Patrol the safety rules of your chosen activities.**

 **Identify suitable Minimum Impact Code of Ethics used in your chosen activities. If there are not any known ones, identify some ways in which impact on the environment can be minimised.**

 **Identify the form/s that you, your parent/s or guardian/s need to complete when participating in these activities.**

 **Explain in an interesting way to your Unit or Patrol the specialist equipment needed for these activities.**

Choose any two of the following activities:

- Find out about a well-known identity who takes part in one of your chosen activities.
- Make a poster to advertise an adventure activity, including local contacts and venues.
- Find out about another adventure activity that is in a different adventure theme from ones that you have chosen, and share this information with your Patrol or Unit.
- Explain why adventure challenges are important to you by giving some examples.

I commenced on _____ and finished on _____



The adventure activities used in this Trefoil 2 Adventure Challenge may be the same activities used in Trefoil 1 Adventure Challenge, but you need to show that you have gained a higher level of experience, knowledge and skills.

Complete all of the activities in the first part of your Trefoil 2 Adventure Challenge. Mark the hiker to keep track as you go.

Arrange for a qualified adventure activity instructor to assess your skills in part one. Arrange for a Qualified Leader with knowledge and some experience in the chosen activity/ies, or an external person with knowledge and some experience may assist a Qualified Leader to assess your skills.

 **Choose one adventure activity, and specialise in this area by gaining an entry level qualification in this activity.**

Adventure activity _____

Date entry level qualification gained _____

OR

Participate in three different adventure activities on at least two different occasions each. (The activities may be from the same or different adventure themes.)

Adventure activity 1 _____

1st date of participation _____

2nd date of participation _____

Adventure activity 2 _____

1st date of participation _____

2nd date of participation _____

Adventure activity 3 _____


1st date of participation _____

2nd date of participation _____

 **Explain in an interesting way to your Unit or Patrol the safety rules of your chosen activity/ies.**

 **Identify suitable Minimum Impact Code of Ethics used in your chosen activity/ies. If there are not any known ones, identify some ways in which impact on the environment can be minimised.**



 **Identify the form/s that you, your parent/s or guardian/s need to complete when participating in the activity/ies. Explain the process and reasons for advising and seeking approval to participate in adventure activities in Guiding.**

 **Present in an interesting way to your Unit or Patrol the specialist equipment needed for the activity/ies.**

Choose any two of the following activities;

- Explain why adventure challenges are important to you by giving some examples and describing identities who are experts in the same activity/ies.
- Find out about an extreme adventure activity, which may be linked to your chosen activity/ies. Present your findings to your Patrol or Unit.
- Select a role model in your chosen activity and research her or his achievements.
- Find out about the history and development of your adventure activity, and present to your Patrol or Unit.
- Promote your adventure activity/ies to others through a poster, brochure or illustrated talk.

I commenced on _____ **and finished on** _____