

A delightful relationship between Girl Guides Australia and Bakers Delight

Girl Guides Australia has teamed up with Bakers Delight to encourage girls to learn about how to make healthy food choices as part of their fun program of activities. This is an ongoing partnership.

How does it work?

Guide Units are invited to contact their nearest Bakers Delight bakery to discuss how they would like to take part in this mutually beneficial partnership. Bakers Delight bakery operators will receive information about the partnership via Crumbs e-newsletters and are also encouraged to contact their local Guide District. This relationship is optional; Guides can choose to do as many or as few bread-related activities to compliment their Unit program. Guides can complete suggested activities (listed overleaf) or create their own.

How does it benefit you?

The relationship between Guides Australia and Bakers Delight aims to encourage Girl Guides to have fun and learn new skills whilst earning this cool bread challenge badge to add to their camp blanket, Guide bag or badge collection.

Leaders, support groups and other Guide-related groups can build a relationship with the Bakers Delight bakery operator, and they may choose to continue to support Guiding by donating bakery products or vouchers for community service, events, camps or meetings at local or a state level. Spread the word about Guiding in your local community by keeping the bakery operator and their team up to date about local Guiding activities.



Ideas on how to earn the Bread Badge.



- Organise a VIP baking demonstration at a Bakers Delight bakery
- Invite a Bakers Delight bakery operator to conduct a bread making class at a camp, outdoor event or meeting
- Visit your local Bakers Delight bakery and ask a staff member about baking and the different types of bread
- Experiment with recipes. Create a healthy lunchbox recipe using a Bakers Delight product. The best recipe could be displayed in the bakery
- Host an educational talk by a Bakers Delight bakery operator (with product samples), on the importance of healthy eating and lifestyle
- Find out about more about nutrition and the different ingredients that bread is made from, and where the ingredients come from
- Develop leadership skills by finding out about bakery careers and running a small business
- Discover the history of bread and baking. Find out about different world customs using bread, e.g. Hot Cross Buns at Easter
- As part of World Guiding, Guides can include a themed night as part of the Guide Unit program; use a French Baguette or Italian Pane di Casa to make a meal for the patrol or Unit

Ensure all participants are aware of any food allergies before conducting these activities

Guides should contact their State Office to order the Bakers Delight Bread Badges that you have earned.